

# A.C.A.F.C.C.

Home Grown  
With LOTS of  
LOVE!



HELPING TO  
GROW THE  
FUTURE  
LEADERS OF  
THE WORLD!

Adams County Association of Family Child Care

See page 4 for the  
President's Message!!

## Meeting Information

### The ACAFCC business/

workshop meetings are held on Mondays monthly from 6:30-9pm. There will be snacks & refreshments before the meeting & the training. Meetings are currently held at the Thornton Civic Center, 9500 Civic Center Drive. Directions: I-25 to Thornton Parkway then East on Thornton Pkwy to the Civic Center. (The Civic Center is on the North side of Thornton Pkwy.).

Currently the association provides three hour training sessions every other month from 6:30 to 9:30 in place of the normal meeting and training session. Please note that you will need to stay the whole 3 hours to receive the certificate.

If you would like to attend any of the trainings and are **not a member** of the ACAFCC the cost will be \$5.00 at the door (if you do not want a training certificate then it's free).

Please RSVP one week in advance to Vicki Maestas if you will be attending at [nanascc@comcast.com](mailto:nanascc@comcast.com)  
303-284-6038

Board meetings are held the first Monday of every month beginning at 6:30 pm. Board meetings are open to all members (please just call and let the host know you'll be coming) -feel free to join us!

### Upcoming board meeting dates/locations:

- December—No Board Meeting
- January—DiAnna Wheeling
- February—Dorie Garrett
- March—Jennifer Gustin

### \*Mark your calendars for these up-coming meetings!

Dates to be announced as they become available.

- ♥ **January**  
2011 Tax Update
- ♥ **February**  
Cradling Literacy
- ♥ **March**  
Autism
- ♥ **April**  
CESFEL Model

Below are some ideas of places on the web to list your business for local advertising. Let's thank Rosemarie Reagan for the information!

- [www.local2local.org](http://www.local2local.org)
- [www.craigslist.org](http://www.craigslist.org)
- [www.care.com](http://www.care.com)
- [www.daycarematch.com](http://www.daycarematch.com)
- [www.providerwatch.com](http://www.providerwatch.com)
- [www.metrodaycare.com](http://www.metrodaycare.com)

Below is a website for child care resources and pre-school ideas.

[www.daycareresource.com](http://www.daycareresource.com)

### Thanks for the great ideas!

### December/January

First Aid/CPR Training	2
Training in other Association	3
Happy B-day's	4
President's Message	4
Mission Statement / Officers	6
Calendar of Events / New Rules	7
Seasonal Item	8
Seasonal Craft	9
Classifieds	10
Telephone List	11

# First Aid & CPR Training Classes

## CPR, FIRST AID, MEDICATIONS & UNIVERSAL PRECAUTIONS

**Susan Bobka**

Meds, CPR, FA  
303-693-2762

**Aaron Speer**

LIFE RESCUE CPR.-CPR  
and First Aid  
2 year certifications  
303-963-5291  
info@liferescuecpr.com  
LifeRescueCPR.com



**Yvonne Martin R.N. BSN**

Child Care Health Consulting, Medication Administration Classes, Universal Precaution Class. Reasonable Rates. 303-429-0838

### **Childcare Educational Opportunities**

FA, CPR, UP, Meds,  
Correspondence Courses  
www.childcareeducationalopportunities.com  
Contact Judy 303-469-5596

**HeartSmart** > CPR & FA www.coheartsmart.com

**Colorado Cardiopulmonary Resuscitation Assoc**  
303-980-1015 www.cocprassn.com

**American Red Cross—Mile High Chapter**  
303-722-7474 www.denver-redcross.org

**Red Rocks Community College** www.qualistar.org

**Caregiver Network** www.caregivernetwork.org  
FA, CPR, UP, Meds, FCC Pre-Licensing  
Linda 303-680-5711

**Advanced Care** – CPR & FA 303-384-3696

**Kids Alert Line** > Lee Neals 303-438-8069

**Tender Care Consulting**  
Debbie Bradley – Meds & UP 303-359-9553  
email @ tendercareconsulting@yahoo.com

**City of Thornton** > CPR 303-538-7602

**CPR Colorado** > Dave Moschner 303-818-3737  
cprcolorado.com

**Basic Immunization for Childcare Providers in Colorado—  
FREE 2 hour course that can be taken every three years**  
[www.cdph.state.co.us/dc/Immunization/COURSETEST.pdf](http://www.cdph.state.co.us/dc/Immunization/COURSETEST.pdf)

## CLASSROOM TRAINING

### **Childcare Educational Opportunities 2010 Schedule**

Classroom classes held at 710 W 1<sup>st</sup> Ave Broomfield, CO 80020

Registration & payment required for all classroom classes. Register online [www.childcareeducationalopportunities.com](http://www.childcareeducationalopportunities.com) or call Judy at 303-469-5596 or leave a message.

**Medication Administration \$45 8 am– 12:30 pm offered on same day Universal Precautions \$20 1 pm—2:30 pm.**

<b>Jan 23</b>	<b>March 20</b>	<b>May 15</b>	
<b>July 10</b>	<b>Aug 14</b>	<b>Oct 2</b>	<b>Dec 4</b>
<b><u>CPR 8:00 am-1 pm \$35</u></b>		<b><u>CPR &amp; First Aid 8 am-3 pm \$45</u></b>	
<b><u>3<sup>rd</sup> Edition book \$16</u></b>			

<b>Jan 30</b>	<b>Feb 27</b>	<b>Mar 27</b>	<b>Apr 24</b>	<b>May 15</b>	<b>June 12</b>
<b>July 17</b>	<b>Aug 7</b>	<b>Oct 16</b>	<b>Nov 13</b>	<b>Dec 11</b>	

### **Correspondence Classes**

2 hour classes \$15 “Theme Based Curriculum”, “Stress Management Caregiver & Child”, “Diversity & Inclusion”, “Recognizing Abuse & Neglect”, “Arts & Crafts A-Z”

3 hour classes \$20 “Making the Connection, Infant Brain Development”, “Ages and Stages of Brain Development”, “Understanding Childhood Behaviors”, “Child Behaviors Situations & Methods”, “The Art of Negotiation”, “Fetal Alcohol Syndrome”, “Play” Is It the Best Early Childhood Curriculum?, “A Brief Look at Autism”, “Train Up A Child (Potty Training/Shoe Tying)”, “Infant Toddler Preschool Sign Language”, “Parent Provider Relationships”

3 hours + CD to load policies contract & forms to you computer \$25 Inter-viewing, Contracts & Policies with CD in Microsoft Word 6.0 & XP

### **Order online at**

**[www.childcareeducationalopportunities.com](http://www.childcareeducationalopportunities.com) Or Mail request to CEO, 710 W 1<sup>st</sup> Ave, Broomfield, CO 80020**

### **Child Care Innovations Red Rocks Community College**

Micheala 303 914-6307, or [www.qualistar.org](http://www.qualistar.org)

### **CareGiver Network** - Preschool Planning

Dawn Rhods 303-690-7684

### **West Metro Fire Rescue**

Susan 303-989-4307 x537

[www.westmetrofire.org](http://www.westmetrofire.org)

**CPR & 1<sup>st</sup>. Aide 9am-1pm? \$40.00 (Good for 2 years)**

**Written Universal Precautions class \$20.00?**

Class will be held on **Saturday, Sept. 25 th.** 2010  
Bagels, fruit and coffee in A.M. come early if you wish  
8:30am – 9am.

Pre-registration required, deadline Sept. 20, 2010

At Rosemarie Regan home,

(vicinity of 112th and Colorado) in Thornton

**Contact Rosemarie Regan for specifics, (303) 280-9765.**

Call or Make Check out to R. Regan and send Check to:

Rosemarie Regan

11135 Clermont Dr.

Thornton, Co. 80233

# Information & Workshops in other Associations

**Arapahoe County Assoc of Family Child Care** Meets the 2nd & 3rd Tues of the month. 2nd Tuesdays meeting place is the Koelbel Library in Centennial. The 3rd Tues meeting place is the Arkansas Elementary in Aurora. For more information, please contact Patty 303-745-6558.

**A Caregiver Network** is offering workshops at the Life Center Aurora, 14101 East Evans, Aurora, CO 80014 the 3rd Thursday of the month at 7pm. Use West door to enter building. No children please. For more information on trainings contact Dawn Rhodes 303-690-7684.

**A Caregiver Network Preschool Planning Club** Join us for fun and minimum 1 hour credit in Early Childhood Education at Dawn's home, 5543 S Himalaya Way, Centennial, from approx. 7-8:30pm. Cost is \$3.00 for copy fees and you must R.S.V.P to receive a copy of the preschool curriculum. 720-989-1133

**Douglas County Child Care Assoc** Meeting dates & locations vary per month, please call Paula 720-344-2931 or Shelley 303-346-9779 if interested in attending.

**Boulder County Association** Meets the 2nd Tuesdays of the month from 6:30-8:45pm at 1950 Mountain View, Longmont (Matisse Rm.). Contact info Sue Stevens 303-666-8774

**Broomfield Child Care Assoc** meets monthly on the 2nd Tuesday of every month from 6:30-8:30pm at First Baptist Church, 90 Emerald St., Broomfield. For more information on trainings call Cathy Moyer at 303-451-7453.

**Colorado Assoc of Family Child Care** meets at Bear Valley Church, 10001 West Jewell Ave. in Lakewood every fourth Saturday. Training is at 9am and the general meeting is at 10:30. For more information please contact Tricia Kelly-Lynch at 303-914-8687

**Jefferson County Child Care Assoc** holds their monthly trainings from 6:45-9pm on the 4th Wed of the month at the Clements Community Center, 1580 Yarrow, Lakewood. For more information on the trainings, contact Sheryl Ortiz 303-932-2750.

**Denver County Association of Family Child Care** meets monthly on the 2nd Thursday of each month at the Salem United Church of Christ, 5300 East Florida, Denver from 7-9pm. Price for workshop/meeting w/out a membership card is \$5. For more information contact Betty Dalton 303-758-1289.

## Training Contact Information

**Adams:** Vicki 303-284-6038

**Arapahoe:** Patty 303-745-6558

**Boulder:** Sue 303-666-8774

**Broomfield:** Cathy 303-451-7453

**Caregiver Network:** Judy 303-766-9706

**Denver:** Betty 303-758-1289

**Douglas:** Shelley 303-346-9779

**Jefferson Co:** Sheryl  
303-932-2750

## Newsletter Information

**Newsletter Editor:** Jennifer Gustin

Email: tgustin13@msn.com

Home: 303-255-2965

If there are any articles, recipes or crafts you would like to included in the newsletter, it would be wonderful! Please let us know by the 10th of January, March, May, July, Sept & November, that way we can include it in the next months newsletter! Mail pmts &/or articles to P.O. Box 1325, Eastlake, CO 80614.

## CORRESPONDENCE COURSES

ACE – Alternative Continuing Education

720-436-9367

Wildwood

800-223-0557

www.wildwoodkidstuff.com

CARE Course

800-685-7610

www.carecourse.com

Creative Courses

Betty Dalton

303-758-1289

Advanced Care

303-384-3696

The Learning Bug

Sue Cometto

303-460-1954

**CAFCC**

**Colorado Assoc of Family  
Child Care State Assoc**

**www.coloradochildcare.com**



**December**

Marilyn Nonnweiler December 07  
 Debbie Sheets December 11  
 Sherri McQuown December 14  
 Cindy Todd December 15  
 Brandi Cowles December 17  
 Lori Swenson December 23  
 Aracely Gonzales December 23  
 Suzanna Johnson December 23

**January**

Carol Cunningham January 1  
 Doris Wesson January 4  
 Trina Zaragoza January 4  
 Shirley Dominguez January 13  
 Terry Hunter January 14  
 Dianna Shull January 16  
 Dawn O'Callaghan January 17  
 Linda Cook January 28

**Employer ID Numbers (EIN) -**

**How to Apply**

**APPLY BY EIN Toll-Free**

**Telephone Service**

Taxpayers can obtain an EIN immediately by calling the Business & Specialty Tax Line (800-829-4933). The hours of operation are 7:00 a.m. - 10:00 p.m. local time, Monday through Friday. An assistant takes the information, assigns the EIN, and provides the number to an authorized individual over the telephone.



***President's Message***

Ladies,

As we look forward to a hopefully wonderful new year. I would like to take this time to thank all of you that make up ACAFCC members and all the help you have given to help make the Association what it is today.

I am thankful that I have a wonderful Board and others that help serve the Association; and I look forward to the things that we would like to accomplish this upcoming New Year. I know that times are tough and they seem especially hard this time of year. I hope that you can find the blessings in your life, be strong and believe in higher powers to see us through the tough times. I truly believe that things will look up if we just hang tight for tomorrow.

Have a Wonderful Holiday !

Melinda Kurgan

## Child Care Center in Arvada, Closed

ARVADA - Lisa Cowperthwait can't help but smile while looking at pictures of her 23-month-old daughter, Victoria, taken during her year at The Learning Tree Academy child care center.

"She learned all kinds of great stuff. It was awesome," Cowperthwait said.

But Victoria will never again spend the day at The Learning Tree Academy. A hand-written sign on the glass door that leads into the building near West 88th Avenue and North Independence Drive simply states: "Sorry this center is closed for business."

"Sunday I got a call from one of (my daughter's) teachers saying there was a sign on the door saying the center was closed and that they were just closed for business. Period. We wouldn't have anywhere to take her Monday morning," Cowperthwait said, while adding that she has since been using the services of a babysitter for her daughter. Learning Tree Academy Owner Karla Holsgrove has been running the child care center since 2004. She told 9NEWS that progressively lower enrollment was one reason that she had to close. She says she went from having 80 students to having 60, then 20. Eventually, by the time the oldest students were due to enroll in kindergarten on Aug. 23, about 14 children would have remained at the child care center.

"(I) should have closed way ahead," she said, "I just tried to keep it going."

That, she said, was before last weekend when a meeting with her financial advisor yielded some drastic advice.

"He told me that I couldn't afford to keep my doors open one more day," she said.

Employees say they got no advanced warning. They were told on Sunday to come gather their belongings, which is more than Cowperthwait and other parents got to do. A glimpse through the window of the center reveals that items belonging to many of the enrolled children are still inside.

"I did leave some messages trying to get a hold of them to see if they'll let me go in to get all the things she left behind there, like her clothes and snacks and things like that," she said.

Other parents paid in advance for the month of August and are trying to contact the center's owner to get a refund.

Early Childhood Education Association of Colorado Executive Director Kathryn Hammerbeck says a number of daycare centers in Colorado are at risk of closing their doors.

She thinks that parents who have lost their jobs or have had their hours or wages reduced have removed their children from child care centers. Sometimes they stay at home with the children. Other times, she says, the parents enroll the children in cheaper, and sometimes unlicensed, daycares.

"Parents start to pull out and look for alternative care, the enrollment goes down," Hammerbeck said.

The lower enrollment numbers spell trouble for child care centers.

"Financially, centers are struggling... It's very difficult to make ends meet when you're running 30 percent to 40 percent vacancy. So they're not able to keep their doors open anymore."

Despite increased vacancy rates in area child care centers, the National Association of Child Care Resource and Referral Agencies ranked Colorado as the fourth least affordable state for child care, when comparing average child care costs to the median income of states across the country. The average annual cost of child care in Colorado, according to the study, was \$12,044. (Read the study here: [http://www.naccrra.org/docs/Cost\\_Report\\_073010-final.pdf](http://www.naccrra.org/docs/Cost_Report_073010-final.pdf))

Cowperthwait and other parents who relied on The Learning Tree Academy are now left scrambling to find a permanent replacement.

"You don't want to just call somewhere and say 'Hey, do you guys have an opening?' and just drop them off," she said.

Hammerbeck pointed out that closures like this one also add to economic problems, since workers employed by child care centers also lose their jobs. She predicts that the problem will probably get worse before it gets better.

"There are several (child care centers) that are barely making it. And I expect it's a matter of time before they have to close their doors," she said.

That closure, for some, could come in the fall when child care centers' oldest students leave for kindergarten.

It is a reality that Hammerbeck has never experienced saying: "This is probably the worst I've ever seen in the 22 years that I've been involved with the field."

## ACAFCC Mission Statement

Adams County Association of Family Child Care is a non-profit organization which strives to promote high standards and further awareness of family child care providers as a positive professional group. We provide the following services to child care providers and others concerning in home child care:

- Referral services to all members within Adams County
- Monthly workshops to educate providers and fulfill state required training hours
- Bi-monthly newsletters
- Updates on licensing rules and regulations
- Representation on the state and national level through our affiliation with CAFCC & NAFCC
- Support and statewide networking

We believe that both a strong support foundation and continuing education lead to the development of quality child care professionals and are committed to our members' success.

## Santa Cookies

Cut out sugar cookie dough using a heart-shaped cookie cutter and bake according to the package or recipe directions.

Once they have cooled, turn each heart upside down and frost the two rounded parts with white icing. Then top with shredded coconut to create Santa's beard and sideburns. Use red decorating gel to turn the point of the heart into Santa's hat and add more coconut for the trim. Add mini chocolate chip eyes and a red gel nose, and you've got yourself one jolly old elf.



### Executive Board

President > Melinda Kurgan

First Vice President > Vicki Maestas

Second Vice President > DiAnna Wheeling

Secretary > Dorie Garrett

Treasurer > ~OPEN~

### Elected Committee Board (1 year terms)

Newsletter Editor > Jennifer

Membership Coordinator > Mistie Scudder

Fundraising/Publicity Coordinator > Deborah Pollack

Referral Coordinator > Shirley Dominquez

Training & Education Coordinator > Vickie Maestas

CAFCC State Rep. > Shirley Dominquez

### Volunteer Committee Members

Grievance - Janice Robinson

Mentoring - Janice Robinson

Sunshine - Pauline Rivera and Angie Butler

Snack - Summer Griffin

Newsletter—Nancy Richardson

### By-law Committee

Nancy Richardson

Dorie Garrett

DiAnna Wheeling

Shalera Reanier

**Any member wanting to join the Board and/or a committee please contact Melinda at 303-280-4607**

# ACAFCC Calendar Events for 2011

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## Trainings for the New Year:

2011 Tax Updates

Cradling Literacy

Autism

CSFSEL (Social & Emotional)

The dates for these trainings will become available towards the middle of December.

**JCCCCA and CCI is hosting a Introduction to NAFCC Accreditation training.**

**If you have any questions please cont Kelly Froyen 303-279-3110 or [froyen@msn.com](mailto:froyen@msn.com)**

### NEW RULES AND REGS

- Follow the steps below and you will find the Family Child Care Home Rules, effective 1/1/10, on the Secretary of State Website:
- Type [www.sos.state.co.us/CCR](http://www.sos.state.co.us/CCR) (enter)
- Browse the CCR by Rule Number (click)
- 2500, Department of Human Services (click)
- 2509, Social Services Rules (click)
- 12 CCR 2509-8 Rules Manual Volume 7, Child Care Facility Licensing (click)
- 7.707 Rules Regulating Family Child Care Homes (Rev. eff. 1/1/10) (click)

## Chinese New Year

This holiday usually gets forgotten, give your children something new to do! You can find other great Chinese New Year crafts at [www.kaboose.com](http://www.kaboose.com).

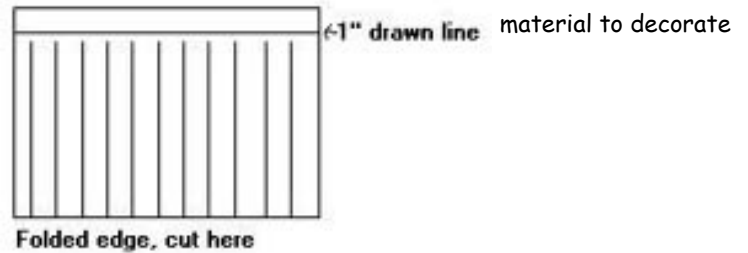
A fun paper lantern craft for kids to decorate your home for Chinese New Year. Make many lanterns of different colors for decorations and hang them around your home.

### Materials:

Construction Paper      Glue, Glitter, Sequins, or other

Scissors                      Ruler, Pencil

Tape                              Stapler



### How to make it:


1. Use your ruler to measure and cut one inch off the short end of your paper. Set aside to use as the handle.
2. Fold your paper in half lengthwise.
3. Draw a line one inch from the end of the long edge of the paper opposite the folded edge. This will be the line where you *stop* cutting.
4. Measure and mark lines one inch apart starting at the folded edge and moving towards the "stop cutting" line. (see photo)
5. Cut on the marked lines up to the "stop cutting" line.
6. Unfold the paper.
7. Re-crease the paper in the opposite direction. This will hide any pencil marks.
8. Match the long edges together on the lantern and use tape to hold it in place.
9. Staple the handle to the top of the lantern. (see photo)
10. Make as many lanterns as you wish and display them around your home.

If you wish, add glue, glitter, sequins or other things to decorate your lanterns.



Calls recorded above reflect evening care, social service paid children, part-time children and sibling situations. It is possible you may have declined to receive these types of

**Please call your referral Rep  
during the month if  
your opening  
status changes -  
don't wait until**



**Adams County is fortunate to be one of the counties in Colorado to be receiving funding for at least the next 9 months to provide mental health consultation to family child care providers!**

The role of a mental health consultant is to work directly with you to help you promote the social-emotional development and well-being of the children in your care, to help you address challenging behaviors, and to assist you in working with parents around challenging behaviors. In addition, the mental health consultant is dedicated to helping parents be more involved and increase their parenting skills. Parenting information and workshops will be available to family homes who participate. This funding is targeted (but not limited) to serve family child care homes who care for low-income children/families, but all family child care homes are encouraged to consider participation. We are hoping to begin these services by the beginning of November.

If you are interested in learning more, please contact

Lisa Jansen Thompson at 303-853-3832 or [l.jansenthompson@communityreachcenter.org](mailto:l.jansenthompson@communityreachcenter.org).

## Gift “Baxes”

**This is a great way to wrap your holiday gifts, without all the fuss of gift boxes!**

### Materials

- Cereal boxes
- Gift wrap
- Glue stick or tape
- Hole punch
- Colored ribbons
- 

### Instructions

1. To make one, trim the top flaps from a cereal box.
2. Wrap the box as you would a gift, leaving about two inches of paper free around the open end.
3. Fold the excess paper down into the box and secure it with glue stick or tape.
4. For the handles, punch two holes in each side of the box, thread ribbons through the holes, and knot the ends.



I made one of these for a friend and it was really cute, inexpensive, and hand-made.

# Classifieds

## Sub care Available:

Dee Walworth- 20+ years experience 303-654-7931

Creative Corners Childcare-

Cherish Cordova @ 303-521-2586

As a **membership benefit** you can post your add on our website for free! Please send to the newsletter editor for posting!

### Helpful website

<http://www.cdhs.state.co.us>

(This site is the main page of the Dept of human Services)

Pricing					
Non Member Prices			Member Prices		
Size	Per Issue	Annual	Size	Per Issue	Annual
Business	\$25.00	\$100	2 line Add	\$3.00	\$12.00
1/4 page	\$35.00	\$140	Business	\$12.50	\$50.00
1/2 page	\$50.00	\$200	1/4 page	\$17.50	\$70.00
Full Page	\$75.00	\$300	1/2 page	\$25.00	\$100



**ECPAC**  
EARLY CHILDHOOD  
PARTNERSHIP  
OF ADAMS COUNTY

Early Childhood Partnerships of Adams County currently has grant money available for Adams County Family Childcare providers

The ECPAC Office of Professional Development works with Adams County ECE providers to improve access to professional development opportunities and raise the quality of care for the children in our community.

Kim Bogren Owen

Early Learning Initiatives Manager

The Early Childhood Partnership of Adams County (ECPAC)

(303) 853-1440

## ATTENTION NEW PROVIDERS~

### Child Care Innovation & Referral Partners

STARTUP ASSISTANCE FOR FAMILY CHILD CARE.

FOR INFORMATION PLEASE CALL

**(303) 914-6307**

Funding provided by Colorado Division of Child Care Quality Expansion Grant



Adams County Association  
of Family Child Care  
P.O. Box 1325  
Eastlake, CO 80614-1325

Check us out on the web!  
[www.childcareinadamsco.org](http://www.childcareinadamsco.org)



ACAFCC is a publication of the Adams County Association of Family Child Care. The ACAFCC does not endorse and assumes no responsibility to the articles, opinions or advertising included in the newsletter. The ACAFCC is not held liable for critical content or advertising. Any article may be used in other publications. Submissions do not guarantee publication. If mistakes are made, please inform the Editor.

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## Upcoming Training Events for 2010:

### January

*2011 Tax Update*

### February

*Cradling Literacy*

### March

*Autism*